## Influential PHILADELPHIANS in Medicine

BUCKY
BODY
CENTER

Louis P. Bucky, MD

Armed with advanced technology and the latest non-invasive treatments,
Dr. Louis P. Bucky's Modern
Mommy Makeover delivers optimal results for today's busy moms.

Dr. Louis P. Bucky, MD, FACS Founder & Chief Plastic Surgeon

PHOTOGRAPHY BY EDDIE TULLY - ET CREATIVE



Women have been undergoing mommy makeovers to address postpartum body changes for decades. Typically consisting of invasive breast surgery and a tummy tuck to improve a range of skin issues brought on by pregnancy, the procedure is routinely performed by plastic surgeons in the U.S.

Dr. Louis P. Bucky is one of them. With four Philadelphia offices and a client list that spans the Northeast and across the U.S., he's seen firsthand how transformative a mommy makeover can be for women both physically and mentally. It's the main reason that Dr. Bucky's been focused on improving the overall procedure, from utilizing the latest technology to taking a more holistic approach to patient care. The result has been shorter recovery times and even better results for patients. He's even given the procedure a new name: the Modern Mommy Makeover.

"The 'Modern' in our Modern Mommy Makeover service is a nod to two elements," says Dr. Bucky. "First, the modern advancements in technology to improve skin laxity, volume loss, fat removal, and more, particularly in a less invasive way, and, secondly, the notion of who the modern woman and mother really is and what she's looking for in regard to her postpartum cosmetic enhancements and recovery."

"The focus is not just about the best surgical result, but it's the entire process pre- and post-procedure," says Dr. Bucky. "We want to make this journey as seamless and efficient and effective as possible, setting

up moms for long-term success with their results while getting them back to their families and lives feeling healthy, strong and happy."

Thanks to improved technology, today's surgeries are minimally invasive, often requiring less recovery time and less pain medication. But surgery is only half the journey, says Dr. Bucky.

"The second half is creating good habits while you're recovering: how you're exercising, how you're eating, how you're maintaining your results. That's when a Modern Mommy Makeover is truly a life-changing endeavor."

That's where Bucky Body Center comes in. Dr. Bucky created this state-of-the-art facility as a dedicated recovery center for his surgical patients (an endeavor that hasn't been done in the region before by a plastic surgeon), in addition to offering non-surgical cosmetic enhancements and body contouring. Therapeutic services like red light therapy, IV therapy and manual lymphatic drainage massage help patients get to their results and back to their normal routines faster than ever before.

"The best part about this new wave of patients and cosmetic trends is that we're showcasing and enhancing women at unique stages in life and are able to provide the tools to maximize how they look and feel in an efficient way. Our Modern Mommy Makeover is not only tailored to the physical goals, but to the lifestyle needs, too— that's where the fast recovery really comes into play. And that, in and of itself, is truly modern."